

DEEP TIME LIBERATION

October 12-19, 2022

Penn Center, South Carolina

On this journey to freedom, we will explore how our ancestral legacy and historical beliefs influence our present day lives. As we come to respond to the call for committing to our individual and collective healing, the pathway to healing appears. From this place of understanding, we are able to recognize and acknowledge the experiences and history which cloud our perceptions creating suffering for ourselves. By uprooting these unskillful ways of seeing and believing we can, through connecting with ourselves, each other, and the ancestral wisdom, minimize or even stop causing harm to ourselves and others because of our reactions.



Identifying the genesis of our suffering comes in part from the intergenerational and vicarious traumas known or unknown past and/or present. The attachments, the delusion, and the aversion that we've been conditioned towards block the portal to healing. The way out is through the recognition and honoring of our historical harm and the wisdom we access through the generations.

REGISTER NOW!

Join us for a seven day in person healing retreat designed for people from the African diaspora on the lands that our ancestors worked, lived, and died. Through drumming, altar building, meditation, storytelling, movement/dancing and connecting in community we will pick up the mantle of living in freedom and peace for which our ancestors bequeathed us.

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